



SUNSMART POLICY

Emmaus Catholic Primary School has a commitment to the care, safety and wellbeing of children.

Rationale:

At Emmaus our Sunsmart policy has been developed to ensure that all students and staff attending this school have a healthy UV exposure balance to help with vitamin D and protected from skin damage caused by overexposure to harmful ultraviolet rays of the sun. This policy is to be implemented from September to the end of April and whenever UV levels reach three and above.

Staff and students are encouraged to access the daily local sun protection times at sunsmart.com.au or the free Sunsmart app to assist with the implementation of this policy. As part of the general Sunsmart strategies, our school will:

Behaviour:

- Require children to wear broad-brimmed or legionnaire hats that protect the face, neck and ears whenever they are outside. (E.g. recess, lunch, sport, excursions.)
 - Encourage the daily application of own SPF 30 or higher broad spectrum sunscreen before school and prior to the lunch break.
 - Strategies are in place to remind students to apply sunscreen before going outdoors e.g. reminder notices, sunscreen monitors and sunscreen buddies.
 - Encourage children to use available areas of shade for outdoor activities.
 - Request staff and encourage parents to act as role models by practicing Sunsmart behaviours.
 - Require all children not wearing hats to remain in shaded areas during recess and lunch breaks
- no hat, no play.

Curriculum:

- Incorporate programs on Sunsmart behaviour into the curriculum at all grade levels.
- Regularly reinforce Sunsmart behaviour in a positive way through newsletters, parent meetings, student and teacher activities.
- Ensure the Sunsmart policy is reflected in the planning of all outdoor activities/events (e.g. camps, excursions, sporting events.)

Environment:

- Provide sun protective clothing items such as broad brimmed or legionnaire hats as part of school uniform. School uniform is cool, loose fitting and made of densely woven fabric. It includes shirts with collars and elbow length sleeves, longer style dresses and shorts.
- Schedule outdoor activities in the shade whenever possible.
- Schedule outdoor assemblies early in the day or in an area where all students can be in shade.
- Work towards increasing the number of shelters and trees so as to provide adequate shade in the school grounds.

Evaluation:

Emmaus Catholic Primary School will review the effectiveness of this policy cyclically.

They will:

- Review the Sunsmart behaviour of students, staff, parents and visitors and make recommendations for improvement.
- Assess shade provision and usage and make recommendations for increases in shade provision, if needed.
- Update and promote curriculum material relevant to Sunsmart activities.

This Policy was reviewed in.....

TERM 2 2018