

**Sacred Heart and Emmaus churches are
open to a restricted number of only 75 participants
in compliance with COVID-19 restrictions.
- BOOKINGS ARE ESSENTIAL -**

Bookings for all Masses at Sacred Heart are made through Trybooking for a first-come-first-serve basis: <https://www.trybooking.com/BMKXC>

Bookings for Masses at Emmaus are made through Trybooking for a first-come-first-serve basis:
<https://www.trybooking.com/BMLBL>

**MASS is available through
STREAMING and TV**

Other Options/Alternatives to view Mass

Mass for You at Home, (MFYAH), is celebrated in St John Vianney Co-Cathedral, Wollongong. It shows at 6.00am Sundays on Channel Ten and is repeated multiple times a day on Foxtel's Aurora channel.

This Sunday Mass is also available on demand on Channel Ten's platform www.tenplay.com.au/mfyah.

This Mass is also available on Wollongong's YouTube channel which can be accessed on www.massforyou.com.au as well as the Diocesan website, www.dow.org.au. There are also links to it on their Diocesan Facebook page and the MFYA Facebook page.

Channel 31 (usually found at '44' on digital TV's):
Mass at 11.00am Sundays from St Patrick's Cathedral or **online at:**

<https://melbournecatholic.org.au/Mass> at 11.00am on Sundays and at 1.00pm on weekdays

Mass continuous daily from Lavender Bay Parish, Sydney, **online at:**
<http://bit.ly/MassOnDemand>
